

VARK QUESTIONNAIRE

VARK Questionnaire for Elementary Age Learners. Have the learner choose the answer which best explains what they like. (The parent can choose to answer these questions on behalf of their younger learners, based on their observations of how their child(ren) learns.) Each answer is worth 1 point, tally up the results when done. V- Visual, A- Auditory, R- Read/Write, K- Kinesthetic. What worked for us, I read the question and asked the child to answer yes or no for each letter, up to two Yes's per question.

You can choose up to two choices in each question that best describes you.

1. I need to find the way to my friend's house. I would:
 - a. Use a map. (V)
 - b. Ask my friend to tell me the directions. (A)
 - c. Write down the street directions I need to remember. (R)
 - d. Find out where my friend lives, based on if it's close to somewhere I know. (K)

2. When I am playing a game, I:
 - a. Like to talk things through. (A)
 - b. Use examples and play. (K)
 - c. Read books, articles, or handouts. (R)
 - d. See patterns in things. (V)

3. When on the internet, I like:
 - a. Interesting design and visual features. (V)
 - b. Audio channels where I can listen. (A)
 - c. Videos to show me how to do or make things. (K)
 - d. Reading interesting written descriptions, lists, and explanations. (R)

4. After reading a book, I need to do a project. I would prefer to:
 - a. Read important parts out loud. (A)
 - b. Write a summary about the book. (R)
 - c. Act out a scene from the book. (K)
 - d. Draw or sketch an interesting imagery from the book. (V)

5. I want to assemble a new Lego kit. I would learn best from:
 - a. Diagrams or pictures showing each stage of the assembly. (V)
 - b. Watching a video of a person assembling a similar Lego set (K)
 - c. Reading written instructions that came with the Lego set. (R)
 - d. Advice from someone who has done it before. (A)

6. When choosing school subjects to study, these are important to me:
 - a. Working with designs, maps, or charts. (V)
 - b. Applying my knowledge in real situations. (K)
 - c. Talking with others through discussion. (A)
 - d. Writing it down. (R)

7. I want to raise money for a new bike. I would:
 - a. Ask others who have raised money before. (A)
 - b. Make a list of my different ideas. (R)
 - c. Compare graphs of different fund-raising options. (V)
 - d. Focus on what I know will work. (K)

8. I want to find out more about a gaming convention summer tour I am going on. I would:
 - a. Watch videos to see if there are things I like. (V)
 - b. Talk with my parents or others who are going on the same tour. (A)
 - c. Read about the gaming convention online. (R)
 - d. Use a map and see where the places are. (K)

9. I have finished a competition or test and I would like to know how I did. I would like to have feedback:
 - a. Using examples from what I have done. (K)
 - b. Using a written description of my results. (R)
 - c. Using graphs of my results. (V)
 - d. From somebody who talks it through with me. (A)

10. I prefer a coach or teacher who uses:
 - a. Handouts, books, or readings. (R)
 - b. Diagrams, charts, maps, or graphs. (V)
 - c. Demonstrations, models or working sessions. (K)
 - d. Questions and answers, talk, group discussion, or guest speakers. (A)

11. I have pain in my knee. I would prefer that the doctor:
 - a. Used a plastic model (fake knee) to show me what was wrong. (K)
 - b. Gave me something to read to explain what was wrong. (R)
 - c. Describe what was wrong. (A)
 - d. Showed me a diagram or picture of what was wrong. (V)

12. A website has a video showing how to create a character on Minecraft. There is a person speaking, some list and words describing what to do, and some diagrams. I would learn most from:
 - a. Reading the words. (R)
 - b. Listening. (A)
 - c. Seeing diagrams. (V)
 - d. Watching the actions. (K)

13. I want to learn how to do something new on my computer. I would:
 - a. Start using it and learn by doing and making mistakes. (K)
 - b. Talk with people who know about the program. (A)
 - c. Read the written instructions that came with the program. (R)
 - d. Follow the diagrams in a manual or online. (V)

14. I want to learn to play a new board game or card game. I would:
- a. Read the instructions. (R)
 - b. Listen to somebody explain it to me and ask questions. (A)
 - c. Use diagrams or pictures that explain the various stages, moves, and strategies. (V)
 - d. Watch others play the game before joining in. (K)
15. I want to learn how to take better photos. I would:
- a. Use diagrams showing how different camera settings work. (V)
 - b. Use examples of good and poor photos showing how to improve them. (K)
 - c. Use the written instructions about what to do. (R)
 - d. Ask questions and talk about how to achieve interesting effects. (A)
16. I want to find out about a new game arcade. Before visiting it, I would want:
- a. A printed description of the arcade's features. (R)
 - b. A plan showing the games and a map of where each game is located. (K)
 - c. To view a video of the arcade. (V)
 - d. A talk with the employees. (A)